The Capital August/September 2014 KIWanianian

The Official Publication of Capital District Kiwanis

www.capitaldistrictkiwanis.org





Thank you!

The experience of campaigning for an international office of Kiwanis is a unique experience. The experience has provided me the opportunity to meet many Kiwanians, to consider the needs of the organization and to realize the great opportunities and diversity there is in Kiwanis. Hopefully this will enable me to serve Kiwanis and Kiwanians with even more dedication and commitment.

This experience would not have come my way unless the members of the great Capital District had granted me their endorsement. I also realize that the election results in Japan would not have been possible without the assistance from many Kiwanis members, friends and family. This help came in the form of encouragement, campaign advice, utilization of Kiwanis "networks," on-site campaigning and assistance on the "home front." Without each segment of this support, my Kiwanis journey would not be continuing. Vickie and I would like to thank everyone involved with my successful election. We will always be grateful.





The Capital Kiwanian The Official Publication of Capital District Kiwanis

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2013-14 Leadership Information

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Governor's Message

P. Scott Zimmerman, 2013-14 Governor

The Capital District of Kiwanis International is blessed with incredible Kiwanians and Kiwanis Family members. Our District includes Virginia, Maryland and Delaware as well as the District of Columbia. The Capital District stretches to the western end of Virginia, where we touch right up to the states of Kentucky and Tennessee and West Virginia. Our southern border is North Carolina and our northern borders are more of West Virginia, New Jersey and my home state of Pennsylvania. To the east is the Atlantic Ocean.



Kiwanis is improving lives in so many ways in this vast district of ours. We are making children smile every day. We are warming the hearts of adults with disabilities and families in need. At the same time we are enriching our own lives because by doing good things for others we cannot help but gain grace and satisfaction. That is what Kiwanis is all about in the Capital District

Missy and I have been blessed to be a part of this incredible experience in the Capital District...but wait....there's more!!!!

Did you know that there are Kiwanians all around the world that care about the Objects of Kiwanis just as much as we do? Did you know that in every country where there are Kiwanians there are children with smiles, there are children with a future, there is wide eyed

innocence just waiting to be touched by the hand of Kiwanis? Worldwide Kiwanians are Building Bridges to the Future for Children.

Missy and I just got back from Kiwanis International Convention in Japan. It was an incredible journey with friends which was highlighted by a Typhoon on Mount Fuji, an earthquake at 4:20 in the morning and a tsunami watch the next day. We were blessed with extremes of weather but came away all the better for it. We rode bullet trains, visited temples, had tea ceremonies and learned to make sushi. Some of us tried to reach eternity and everlasting life through Buddha's nostril...(you had to be there...ask me to explain) We saw baseball games and many of our friends went to Tokyo Disneyland.

We met people (just like you) who care about their communities. We met peo-

ple who respect our Kiwanis Objects and who want to improve lives just like we do. In Malaysia Kiwanis has built a vocational center for children and adults with disabilities. In Taiwan, Kiwanians see a world without maternal and neonatal tetanus...Taiwan District just committed 7 million dollars to The Eliminate Project. They are justifiably proud of their Kiwanis Family. New Zealand and Australia support Kiwanis. The Philippines (North and South) have seen MNT eliminated. Kiwanians in Europe build playgrounds, read books to children and work in their communities just as we do.

Our Japanese hosts treated everyone with incredible respect and hospitality. The atmosphere was alive with an

Continued on page 27



SAVE THE DATES

Kiwanis Centennial Tour JANUARY - JUNE

Detroit 100th Anniversary Celebration JANUARY 23-24

100th Anniversary Celebration at the Kiwanis International Convention Indianapolis, Indiana
JUNE 25-28

www.kiwanis.org/kiwanis100

A Capital Idea

Division 5 Kiwanis Clubs Stand Out with Barbeque

Service Project Tip #11: Gain an audience with food events!

Georgetown Kiwanis cooks up recipe for success

By Jeff Mitchell The Milford Chronicle Wednesday, July 02, 2014

GEORGETOWN, DE - Some of the best recipes are traditional.

And, they don't get much more traditional than the one used by the Kiwanis Club of Georgetown for barbecued chicken.

An organization steeped in tradition itself - the Kiwanis Club of Georgetown was founded more than eight decades ago - its barbecued chicken recipe dates back to the 1930s.

"When they were looking for a recipe, Bill Henderson had been aware of what was going on in the agriculture business," Kiwanis Club of Georgetown Secretary Holland vanValkenburgh said. "In Toronto, in 1935, there was a competition held by home economics departments of high schools and colleges. It was international, US, Canada and Mexico, and Cornell (University) won with this recipe for an outdoor chicken barbecue."

For the last three decades, the Kiwanis Club of Georgetown's barbecue pit has been located about 1/4 mile west of Georgetown on Route 404. Prior to that, however, it moved around locations in the same vicinity.

"It was originally started at the intersection where Hardees's is (where Route 404 crosses US 113),"
Mr. vanValkenburgh said. "Actually, back then it was in the median."

Although the current location might be a little difficult to spot during low traffic times - it is surrounded by trees and sits about 20 yards off the road - several signs let potential passersby know it is approaching.

Once stopped, hungry patrons are treated to a barbecued half chicken (chickens are from Allen Harim Foods), dinner roll, pickle slices and a bag' of potato chips for \$7.50, all sold out of a small white stand on the premises. Canned sodas are also available for 75 cents.

Picnic areas and plenty of standing room is available for those who just can't wait to dig into their platters.

During the summer months, the stand is open Saturdays and Sundays, as well as some Fridays, with platters usally ready to go between 9 and 10 a.m. On Saturdays and Sundays, barbecuers begin with 56 half chickens in the morning and add another 28 on the pit as the day progresses.

Proceeds from the barbecues go back to the community.

"Our theme is helping children," Mr. vanValkenburgh said. "Long story short is, we operate for the community."

Bridgeville Kiwanis BBQ a yummy vacationing tradition

By Glenn Rolfe The Milford Chronicle, Wednesday, July 2, 2014

BRIDGEVILLE - There's a fork in the road where Seashore Highway and Scotts Store Road meet that leads to and from Sussex County's beaches.

It's also where travelers, vacationers and locals gather to sink their teeth into chicken barbecue.

Based on property owned by the Vanderwende family, the Kiwanis



Club of Bridgeville's barbecue pit and pavilion has been a roadside staple for about five decades.

And it's something for the Bridgeville Kiwanis to crow about.

"Today as one travels throughout Delmarva they will pass many chicken barbecue stands but research indicates that this Kiwanis chicken barbecue was the first of its kind on Delmarva," boasts the Kiwanis Club's historical archive.

For some, it's part of their annual pilgrimage to vacationland.

"We'll get people in here that have been going to the beach as a family, and for some them we are the start of their vacation. Their vacation doesn't start until they stop," said Bridgeville Kiwanis member Dr. Kevin Carson, the early-shift chef for a mid-June barbecue. "They'll pull in here. And the stories ... 'I stopped in here with my mom and dad. They always stopped here and stopped on the way back.' It's really interesting."

According to Bridgeville Kiwanis documentation, in 1961 the Kiwanis Club of Greenwood hatched plans to serve barbecue platters every weekend during the summer to raise funds for their annual service budget. The Greenwood club began their barbecue near the State Fire Tower at the Delaware/Maryland line on Rt. 404, and after two

years it moved to its present location at the intersection of Rt. 404 (Seashore Highway) and Scotts Store Road for more exposure to passing traffic.

This proved to be very successful but with limited membership the Greenwood Kiwanis invited the Kiwanis Club of Bridgeville to assist and split operation of the season from May through Labor Day weekend. This arrangement continued through the 1991 season after which the Kiwanis Club of Greenwood dissolved and turned in their charter to Kiwanis International.

The Kiwanis Club of Bridgeville has continued the operation of the chicken

Continued on page 27

Eye On KI

News from Kiwanis International



Make a club counselor part of your formula

To make your Kiwanis club a place your members continue to love, consider calling in a club counselor. They're an essential part of The Formula to ensure member satisfaction.

Club counselors help can make clubs new and established alike—bigger, better and stronger. Counselors are mentors but, most of all, they are listeners who use specialized training and past leadership experiences to guide clubs to resources and support them as they work through plans and strategies for success.

If your Kiwanis club would like to chat with a counselor, complete the form on The Formula website: http://www.kiwanis.org/theformula/strengthen-your-club/achieving-club-excellence/request-a-club-counselor#.U-Ul5oB-dWNM



How do clubs invite new members? We asked!

Want to know how other Kiwanis clubs have had success inviting new members? Or maybe you could use help sharing your own Kiwanis experience. The Formula has all of the tips, tricks and testimonials you need to begin.

Read the story of the New Jersey
Kiwanian whose Kiwanis attire started
it all. Or the motivational speaker
impressed by her local Kiwanis club's
Internet presence. Or the curious hot
dog stand customer here: http://www.
kiwanis.org/theformula/communityimpact/the-formula-headlines#.UUmK4BdWNM. Then use the tools
for inviting others to your own club's
advantage with The Formula:
http://www.kiwanis.org/theformula/
strengthen-your-club/tips-and-toolsfor-inviting-others

Already a Kiwanis-sharing pro? Tell us what you do to spread your Kiwanis experience to others at loveit@kiwanis.org.



Centennial Tour coming to city near you

The Kiwanis Centennial Tour, led by Kiwanis International President John R. Button, M.D., will visit 12 districts to celebrate Kiwanis' 100th anniversary and leave a legacy of service to children through some special playground builds.

Currently planned stops in 2015 include:

Seattle, Washington: February 12–15
Atlanta, Georgia: February 19–22
Orlando, Florida: February 26–March 1
Los Angeles / Anaheim, California:
March 12–15
Taipei, Taiwan: March 19–22
Kuala Lumpur, Malaysia: March 26–29
St. Louis, Missouri: April 9–12
New York, New York: April 23–26
Chicago, Illinois: April 30–May 3
Milan, Italy: May 28–31
Luxembourg: June 4–7
Indianapolis, Indiana: June 25–28

Watch for more district news about the exciting events taking place near you at www.kiwanis.org/kiwanis100.



Ready for Worldwide Day of Play?

Nickelodeon's 11th annual Worldwide Day of Play—a special day that encourages children to get outside and engage in active play—is Saturday, September 20, 2014. Are you ready?

Help the kids in your community get outside and get moving with Kiwanis Vision Partner Nickelodeon. Your club could—with the help of your sponsored Service Leadership Programs—host a jump-rope-a-thon, basketball shoot-out or soccer tournament. How about a bike rodeo to teach children about bike safety while you promote healthy lifestyles? Work with other Kiwanis-family members to make this year's event the best yet.

Plan your Worldwide Day of Play activities today! Go to www.nick.com/play to learn more and register your event.



Help Key Leader, Aktion Club, CKI through foundation

At the Kiwanis International Foundation, we believe in supporting our own family. And every year, we work toward making grants to Kiwanis' Service Leadership Programs.

It's your help that makes the successes of Key Leader, Aktion Club and Circle K International possible. Grants approved in February 2014 helped young leaders focus on service leadership as the first, most meaningful leadership-development experience; sent adults with disabilities to training conferences; and helped college students make their skills leadership-ready for their bright futures.

When you make a gift to the Kiwanis International Foundation, your gift helps make the Kiwanis family stronger. Give now!



Is your club recognized as a Today Club?

A proverb says the second-best time to plant a tree—if you didn't do it 20 years ago—is today. The same goes for gifts to the Kiwanis International Foundation. Is your club a Today Club?

The Today Club program recognizes clubs that achieve a minimum permember giving level from active dues-paying members during the Kiwanis administrative year. Clubs can be recognized at one of four per-member giving levels. Whether it's through Skip-A-Meal, Giving Tuesday, club or individual gifts, any Gift of Today will be counted toward your club's permember giving average.

Gifts of Today are the backbone of the Kiwanis International Foundation's funding. To learn more about becoming a Today Club, visit www.kiwanis.org/todayclub.

Continued on next page

TechWatch



Ready for Youth Protection Week?

Youth Protection Week is almost here. Make sure your Kiwanis club is ready! From September 7–13, 2014, clubs like yours will be making sure they're doing all they can to protect children—and club members.

When it comes to such a key responsibility, it's important to act according to the highest standards. Your club can:

- Review the Kiwanis Youth Protection Guidelines
- Provide youth protection training to club members
- Complete the required criminalhistory background checks

When the youth protection training is completed, your club secretary should check the corresponding box on the secretary dashboard in the KiwanisOne online reporting system. Prepare now to make the most of Youth Protection Week September 7–13.

Kiwanis Magazine Now on iPad!

Kiwanis magazine is a mixture of articles, photography, video, audio and interactive content celebrating the organization's unique brand of voluntarism and fellowship by showing off the achievements of our nearly 17,000 Kiwanis and Kiwanis-family clubs.

The magazine hopes to inspire, engage and empower readers to improve the world by serving children and communities world-wide. Kiwanis magazine—an official Kiwanis International publication—is published eight times annually. In the iPad edition, you'll find that there's always more to the story. Discover photos, video, links and other content that we couldn't squeeze into the print edition of the magazine that is mailed to members.



Follow these four easy steps

- 1. Open the App Store or Newsstand on your iPad.
- 2. Search for Kiwanis magazine.
- 3. Click the Install button and enter your iTunes password.
- After the app has been installed on your device, you can download multiple issues of Kiwanis magazine. Find the app in Newsstand.

Our Firm Foundation

News From Our Capital District Kiwanis Foundation

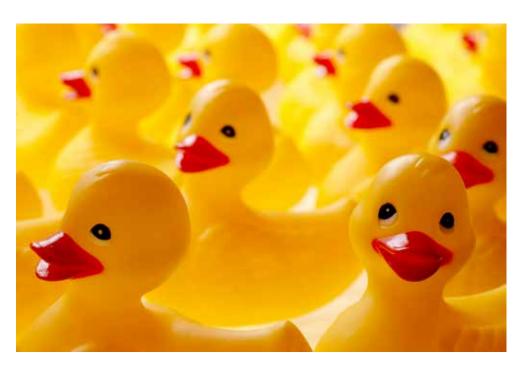
Have You Adopted Your Ducks?

By Bob Cassada, Chairman Ducky Derby Committee

The Capital District Kiwanis Foundation Ducky Derby ticket sales are underway. By now each club should have received enough adoption certificates for each club member to purchase three. By purchasing Certificates each Kiwanian helps support pediatric hospitals within the district. In addition everyone who purchases a Certificate has an opportunity to win prizes.

The grand prize is \$500, and additional prizes of \$400, \$300, \$200, and \$100 will be awarded. In addition Foundation Directors have been requested to provide \$50 prizes from their respective districts.

Certificates are \$5 each or three for \$10. Additional certificates may be printed by any club needing them. They are available on the Capital District website, under the Capital District Foundation tab. Bob Cassada, rcassada@ comcast.net, can send you a copy. The certificates are not limited to Club members. This is a community service so they may also be sold to our friends and neighbors. Every penny collected, after prizes, goes to the pediatric trauma centers. There is no overhead because everything is donated, even all



the printing costs. Clubs are asked to start selling Adoption Certificates and continue selling them until the District Convention.

Any funds not mailed to CDKF Treasurer Marion Allen by August 2 should be delivered to the Ducky Derby Sales Booth near the Caring Corner at the district convention no later than noon on Saturday.

Thank you very much for your support. All of us recognize the benefit of assisting these children who need crucial treatment.

The Caring Corner

By Floyd Brown, Chairman Caring Corner Committee

The Caring Corner is alive and well. The Caring Corner Committee has been working hard to not only make it more profitable but also to improve our customers experience at the location. This year there will be designer gift baskets, some framed art, books, and new items among other things. On Friday the 22nd, the store will open at approximately 10AM and close at 5 PM. On Saturday, it will open after breakfast and close at 5 PM.

We thank you in advance for your support.

The Capital Record

Honors

On Tuesday, July 1st, the **Kiwanis Club** of Poquoson awarded George F. Hixson Fellowships to long-time members **Dr. Joseph H. Discenza** and **Gen. (ret) Browning Wharton**, in recognition of their service and contributions to the club and its objectives.



had to provide all of the infrastructure that is required of a full club, but not a satellite committee. All the advance work for our recent, quite successful, Kiwanis Independence Day 5K was done by two members of the satellite committee, even as it was forming. For the most part, we members of the main club just showed up to help with the race-day chores. How cool is that?"

Donations

The Kiwanis club of Greater Ocean Pines-Ocean City donated \$500 to Worcester CASA (Court Appointed Special Advocate). A volunteer driven program, CASA passionately advocates for abused and neglected children who are caught up in the court and child welfare maze because they are unable to live safely at home. CASA is the only volunteer organization that empowers everyday citizens as officers of the court. Appointed by judges, CASA volunteers typically advocate for one child at a time and commit to staying with the child until placed in a safe, permanent home.

Births

Mary Cowling of the Denbigh Kiwanis Club is pleased to announce the birth of her third grandchild (and first grandson), Brantley Robert, born 7/8/2014 weighing in at 7 1/2 lbs.

Weddings

Joshua Hiscock married Jennifer Hill, both members of the Tysons Corner/ McLean Kiwanis Club on July 26,2014. The wedding was held at the University of Maryland, College Park, where the couple first met! We wish them a happily ever after!

Satellite Potential

The Kiwanis Club of Charlottesville

is currently building a satellite committee. Two of the club's seven new members joined this committee, and they are expecting more members soon. Three of the club's regular members

have moved to the satellite committee as well.

Excited about the club satellite committee's potential, Club President Bob Ribando said, "When I think back on the two other Kiwanis clubs spawned by ours over the years, I think they might still be in business if they hadn't

Small, But Mighty!

Dr. Higdon K-Kids Club, sponsored by the Kiwanis Club of Charles County, meets every Thursday in their own meeting room with bulletin boards, calendars and listings of events. Weekly emails are sent to K-Kids' families to keep them informed of upcoming activities and events. All K-Kid members keep an individual service log of activities, how they participates, and how they made a difference to someone else.

The club held three fundraisers this year (their first year) raising \$1,119.15. The students voted to donate funds as follow:

- The Eliminate Project: \$400.00
- Humane Society of Charles County: \$300.00
- Wayside Food Bank (local): \$300.00

In Memoriam

Beryl Mina Schoman, Leisure World



My Kiwanis Moment Jeffrey Wolff Kiwanis Club of Tysons Corner/McLean VA

Like most Kiwanians, I have my share of "Kiwanis moments," probably dating back to when I first joined Key Club. I was invited to join my high school's club, but didn't truly feel like a member until I experienced my first service project. We were playing Bingo with residents of a nearby assisted living home and I distinctly remember the smile on the face of this one woman and how happy she was that teenagers, or for that matter anyone, were giving up their time to be with her. I didn't know what her family situation was and I didn't ask, but she clearly hadn't had a visitor in a very long time and while it was something so incredibly simple to us, my guess is that it was far more meaningful for her.

I've done hundreds of service projects since then, but if someone asked me why in 2014 I'm still actively engaged as a member of a Kiwanis club, I'd tell them about my trip to the Kingdom of Cambodia last February. I was honored to be asked to go on a UNICEF site visit for The Eliminate Project, but I really had no idea what I was in for.

UNICEF really did a great job of preparing us for the trip as much as they could with briefing documents, conference calls, suggested items to pack and recommended inoculations to receive. But, ultimately as an American, when you start visiting what are considered hospitals and primary schools in a developing nation, you can't help but be shocked into the conditions that too large a portion of our world lives in.

We were fortunate that unlike other site visits, we didn't visit with any babies afflicted with tetanus, because frankly as a father of young children myself, I don't know if I could have taken it. We did talk with mothers who had lost children to tetanus before getting vaccinated and the stories alone were torture to listen to. Here's a disease, that we developed a vaccine for ninety years ago, that still kills children today. And honestly, beyond knowing that you need a tetanus shot once in a while, how many of you even knew what tetanus was and the consequences of not being vaccinated before Kiwanis shed a worldwide spotlight on it in 2010? I know that I didn't.

Happy Anniversary

August

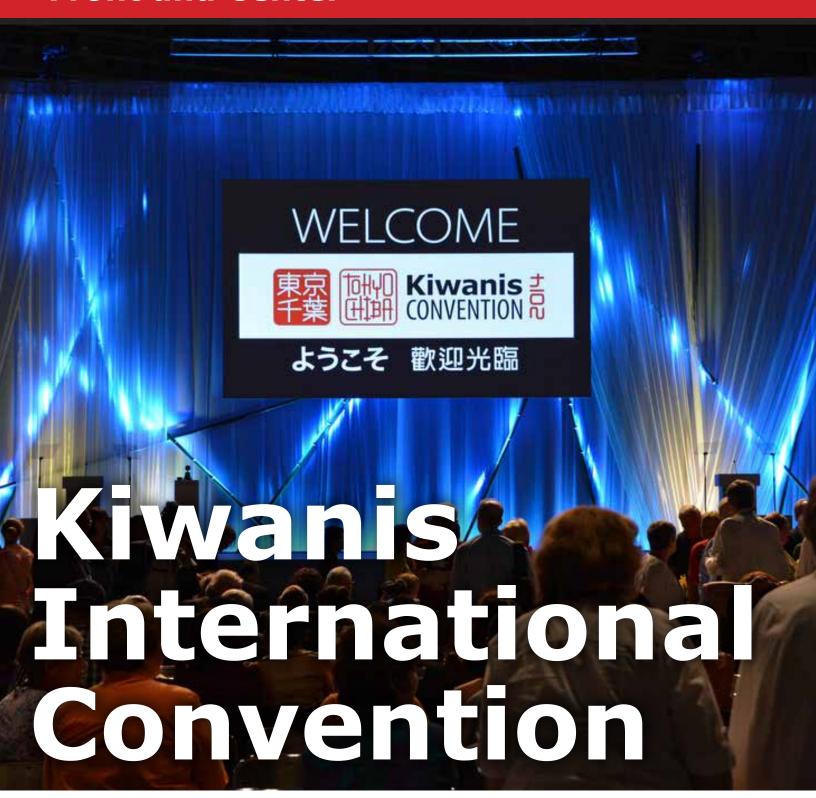
. 0	
Washington	1917
Bassett	1926
Reisterstown	1935
Front Royal	1945
South Arlington	1947
Peninsula at Oyster Point	1959
Virginia Beach Town Center	1973
Greater Hilton	2010
Fort Lee	2012
September	
Allegany Highlands	1923
Georgetown, DE	1935
Abingdon	1942
Montgomery Co-Blacksburg	1946
Wise	1946
Mount Vernon	1953
Denbigh	1967
Western Allegany	1972
Poquoson	1974
Smithfield	1976
Shepherd Park	1976
Tuckahoe	1979
Olney	1982

Lynnhaven 1983

To visit with children who have so little but have so much potential truly makes appreciate your own surroundings. But more importantly it makes you appreciate our organization. Through small acts in our local communities to global acts that save the lives of children that you'll never meet, Kiwanis makes a difference...everywhere.

That week in Cambodia defined my Kiwanis moment because it so poignantly underscores the reason we are needed as an organization. As long as there are children suffering somewhere, anywhere in the world, Kiwanis is needed.

Front and Center



in Chiba, Japan

Capital Kiwanians experience the history and beauty of Japan

By PG Art Riley Kiwanis International Trustee

Early July was hot and humid in Tokyo. The heat nor the humidity of Japan, nor a typhoon, an earthquake or a tsunami warning would prevent Capital District Kiwanians from having fun. Kiwanians participated in tours, Kiwanis fellowship, campaigning, and most of all absorbing the culture of Japan.

Our group of twelve, including Kiwanians and their spouses, embarked on their Japan adventure on July 6 with departures from various U.S. airports and navigated the Narita airport in Japan and transferred to their first base hotel in downtown Tokyo. Guided by Yoko, an expert Japanese guide with marvelous English skills, the group enjoyed many unique experiences. These included tours of the Tsukiji Fish Market, the Ginza District, Shinto shrines and Buddhist temples. The Edo-Tokyo museum provided an historical perspective of Tokyo as well as a glimpse of life in Japan during a very "closed period" of history. For variety, sushi making was on the itinerary. In the center of the Ginza district the tour participants were instructed in hands on demonstration of sushi preparation. As a test, everyone ate their self- prepared sushi for lunch. Tokyo left a lasting impression of a city that was clean, safe and offered everything a major international capital could provide.

The adventure was just about to begin. The clouds were gathering during the morning of July 10. The rains then began as the tour bus proceeded to climb the roads leading to the fifth station of Mt. Fuji. As the Kiwanians arrived the rains and winds of the typhoon that had skirted the Japanese coast line continued in earnest. It is not everyone who can claim to have visited Mt. Fuji, was not able to witness the mountain's majesty and stood in howling winds and torrential rains at the base of the peak. Fortunately the typhoon left the area by the next morning revealing Mt. Fuji in all her glory.



Following a bullet train ride to Kyoto, more history and beauty of Japan was revealed. The Japanese gardens revealed a beauty in truly tranquil settings in a variety of surroundings. Gardens were present on the grounds of hotels, temples and other religious shrines. History was again revealed through a visit to an ancient Shogun palace. The tranquility as well as the history of the Buddhist religion was highlighted during visits to grand temples hundreds of years old.

After a Geisha dinner that included Japanese games and music the tour was about to conclude, but the experiences were not. The Bullet Train, even though 50 years old, still traveled in excess of 160 miles an hour during the ride back to Tokyo. Chiba was ready for the 99th annual Kiwanis Interna-

Front and Center

tional Convention. The convention included some memorable experiences including a welcome by the Crown Prince of Japan. The Japanese host committee introduced marvelous entertainment in the form of a youth chorus and orchestra, a marimba band of young students ages 8-12 and marvelous singers and dancers.

One of the main purposes of the convention was to elect leaders of the organization. John R. Button, of Canada, was elected as President for 2014. Sue Petrisin, of the Michigan District, was elected the first woman to serve as Presidentelect and Jane Erickson, of the Nebraska-Iowa District, was elected Vice-President. Also on the agenda was the election of three North American Trustees to serve 3 year terms. Six candidates spent two days and a candidate's forum to describe to delegates their qualifications for the position. The candidates included John Brown (Utah-Idaho), John DeVilbiss (Ohio), Fred Dietz (Wisconsin-Upper Michigan), Arthur Riley (Capital), Dewey Smith (Georgia) and Barbara Thompson (Missouri-Arkansas). The delegates elected Arthur Riley, Dewey Smith and Barbara Thompson. The election of Art was highlighted by hard work and enthusiastic campaigning by many Capital District Kiwanians.

The remaining highlight of the convention was a great Capital District Dinner overlooking Chiba from the 50th floor of the APA hotel. The service was superb, the drinks plentiful and the bananas and potato chips dipped in white chocolate were the perfect ending to great Kiwanis fellowship.

As a Capital District Kiwanian, you can experience the fun and fellowship of a Kiwanis Convention. Plan now to attend future Capital District Conventions and the 100th party at the 2015 International Convention in Indianapolis.







Notes from the 99th Annual Kiwanis International Convention in Chiba, Sapan

By Ronald A McCallum Kiwanis Club of Middlesex

- Three major Convention themes:
 The Formula, The Eliminate
 Project, and the Centennial
- 1,221 accredited delegates from 676 clubs; 60% of delegates from Japan, Taiwan, and the Philippines

The Formula

- A five year campaign to grow
 Kiwanis membership, clubs, and
 impact (more members doing
 more projects, raising more money,
 having greater impact on children,
 communities, and the world)
- LOVE it: What is it that you love about your Club; what keeps you coming back?
- SHARE it: Tell your friends and neighbors about it; invite them to join
- LIVE it: Demonstrate what Kiwanis is all about by living the six Objects of Kiwanis

The Eliminate Project

- \$60.5 Million raised to date...still short of goal
- \$400K raised at Convention (walk, pledges, donations)
- Model Clubs: \$750 avg per member;
 45 members = \$33,750 over 5 years

- \$150 per year for 5 years or less than \$3.00 per week
- A baby dies every 9 minutes from MNT...\$1.80 can save a life!!
- 1.6 billion babies have been born without Iodine Deficiency Disorder since 2000
- "Protecting the most precious bond on earth—a mother and her child"

Kiwanis Centennial

- Celebrate 100 years of Kiwanis at International Convention in Indianapolis in June 2015
- District, Division, and club celebrations planned

High visibility of Capital District:

- 38 Kiwanians (and guests) attended the Capital District dinner on Thursday evening.
- Governor Scott and Missy recognized on stage as part of the KI leadership team.
- Key Club International President
 Raeford Penny gave a great speech
 via video, since he is currently in
 "swab school" (summer camp) in
 Rhode Island, preparing to begin
 pursuing a degree in Electrical Engineering at the U.S. Coast Guard
 Academy.
- Past Capital District Governor Art Riley (Westminster Club) elected to a three-year term as KI trustee!

- Immediate Past Governor Carolyn Richar accepted Distinguished District Award for Capital District
- Governor-Elect Brian Bell had the honor of introducing incoming KI President Dr. John Button for his President-Designate's message to close out the convention.
- Recognition of Art & Vickie Riley, Gus Lamond, Jeffrey and Jennifer Wolff, and John Tyner as The Eliminate Project donors.



Front and Center

International Convention rich with culture, education and fellowship

The 99th Annual Kiwanis International Convention in Japan was filled with cultural attractions, entertainment, education centers, speakers and the business of electing new leaders and voting on the future of the organization. Members tasted tea in a traditional ceremony, listened to orchestral music and folded paper cranes and flowers during origami demonstrations.

Attendees elected the second female Kiwanis International vice president, Jane M. Erickson; celebrated 50 years of Kiwanis service in Asia-Pacific; and walked to raise awareness of The Eliminate Project: Kiwanis eliminating maternal and neonatal tetanus. But most of all, they spent a few days together remembering why they are Kiwanians. As Kiwanis International President Gunter Gasser said during the opening session: "We serve our communities so children can grow up and have every possible chance to succeed."

We look forward to creating more memories, developing even more friendships and establishing more pride at the 100th Annual Kiwanis International Convention in Indianapolis, Indiana, from June 25–28, 2015. Kiwanians will join Circle K International, Key Club and Aktion Club members to

celebrate Kiwanis' centennial and our successful fundraising for The Eliminate Project.

Celebrating halfway, 33 million lives saved

The 99th Annual Kiwanis International Convention in Japan was the ideal time to reunite with Kiwanis friends, make new ones and celebrate passing the fundraising halfway point of The Eliminate Project: Kiwanis eliminating maternal and neonatal tetanus around the world.

As of July 16, 2014, Kiwanis and the U.S. Fund for UNICEF have raised more than US\$60.9 million to help save or protect more than 33.8 million women and their future babies.

Some convention highlights include:

- Chairman Randy DeLay announcing a generous US\$7 million district-wide commitment from Taiwan—the single largest commitment to date—and an exciting expanded partnership with the U.S. Agency for International Development.
- Recognition of more than 400 individuals and clubs that contributed to The Eliminate Project in the last year.
- Nearly 500 guests attending The Eliminate Project luncheon and joining a matching gift opportunity to raise more than US\$75,000.

 More than 150 Kiwanis members uniting to take the next steps for women and babies during the Walk to Eliminate MNT.

Also, in anticipation of Kiwanis International's 100th anniversary and The Eliminate Project's great victory over tetanus, campaign volunteer leaders and other Kiwanians added mementoes to a time capsule to preserve the record of the tremendous fight. See how the excitement unfolded on the The Eliminate Project Facebook page, .facebook.com/TheEliminateProject.

Delegates rule on proposed amendments, resolution

Convened at the 99th Annual Kiwanis International Convention in Japan, the House of Delegates approved a bylaws amendment that will establish stronger disciplinary provisions to help protect the organization and the youth it serves.

In addition, delegates adopted a resolution directing the Kiwanis International Board to investigate the use of online voting on business matters normally conducted at convention. The resolution directs the board to initiate the study, with a report due to the delegates at the 100th annual convention in Indianapolis, June 25-28.



Other House of Delegates decisions are:

Approved:

- To restate the existing authority and responsibility of the board to comply with 'best practices' for nonprofit organizations.
- To clarify provisions related to filling a vacancy in the office of Kiwanis International trustee.
- To provide greater flexibility in district operations, in agreement with proposed revisions to the Standard Form for District Bylaws.
- To ensure that every Kiwanis club in North America is protected from liability through affordable directors and officers insurance coverage (D&O).
- To establish stronger disciplinary provisions to help protect the entire Kiwanis organization and the youth we serve.

Withdrawn:

 To provide a two-year waiver of Kiwanis International dues for persons who have recently served in the military. The proposal had been submitted by the Kiwanis Club of Cascadia, Oregon.

Referred to committee:

 To eliminate the required separation of subscription funds to allow them to be applied to various printed, electronic and digital communication vehicles now commonly used by Kiwanis members.

Watch for the September 2014 Kiwanis magazine, which will include coverage of the Kiwanis International, Circle K International and Key Club International conventions.

Kiwanis names new board

At the 99th Annual Kiwanis International Convention, Ridgetown, Ontario, Kiwanian John R. Button, M.D., was elected to serve as Kiwanis International president. His 2014–15 term will begin on October 1, 2014.

Others elected include:

- President-elect, Susan A. Petrisin, Michigan District
- Vice president, Jane M. Erickson, Nebraska-Iowa District
- United States and Pacific Canada region trustees, Arthur N. Riley, Capital District; Dewey Smith, Georgia District; Barbara Thompson, Missouri-Arkansas District
- At-large trustee, Kenneth A. Alovera, Philippine South District
- Asia-Pacific Region trustee, Koshiro "Kit" Kitazato of the Japan District, who was elected during the 2014 Asia-Pacific convention in Japan.

The Canada-Caribbean and Europe regions do not have guaranteed trustee seats open for the 2014–15 administrative year.

Front and Center









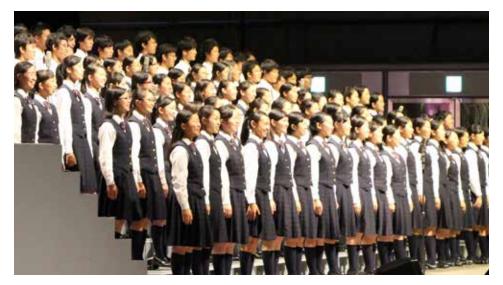












Clockwise: Cheerleaders open the convention; US Ambassador Caroline Kennedy and Key Club Intl. President Raeford Penny speak to the attendees by video; Ms. Hisako Yoshikawa performed the flute; newly-elected Trustees stand with the rest of the board; a choir sings "Let it Go" in Japanese; The Formula and The Eliminate Project Teams unite on stage; educational exhibits were plentiful; The Walk to Eliminate raised awareness in Chiba; Gov. Scott and First Lady Missy grace the stage; a student orchestra performs.



Service Showcase

News From Capital District Kiwanis Clubs

Division 3

The Kiwanis Club of Waldorf's

Sliminate Challenge is fundraising for The Eliminate Project while members diet and donate. The April 16 club meeting was the scene of the weigh in and commitment to lose or gain and donate per pound. The July 16 weighin revealed that losers successfully got rid of 49 pounds and gainers put on 24 pounds. Their generous donations will inoculate several hundred women with tetanus vaccine to save them and all their babies from tetanus. The Challenge continues as more members committed to the project.

The Kiwanis Club of Leisure World

held a fundraiser June 28th in front of the Giant in Leisure World Plaza to benefit The Eliminate Project. It was a huge success. Key Club members who helped also raised \$85 selling bracelets to support The Eliminate Project.

Division 5

Millsboro Kiwanis presented award certificates on June 6th to more than 100 Kiwanis Terrific Kids in the first and second grades of East Millsboro Elementary School. These students were recognized as having demonstrated traits of positive attitude, good character and responsible citizenship.



The Kiwanis Club of Seaford held its 28th Annual Golf Tournament on June 13th at Hooper's Landing Golf Course. There were 80 participants that played in the tournament this year. Each year, the Kiwanis Club holds the tournament to raise funds that are used to help provide scholarships for local high school seniors that are going on to attend a four year college. This year the Kiwanis Club awarded three scholarship of \$4,000 each to three students.

Saturday July 12th was a "Double-Duty" Day for the **Kiwanis Club of Greater Ocean Pines - Ocean City**. Members were at the Ocean Pines Community Center by 6:30 AM to prepare the food for the Annual Summer Pancake Breakfast, chaired by Stella Hartington and Ralph Chinn, serving patrons from 8 until 11 AM. Immediately after, the next crew, comprised of many of the same members who worked in the morning, prepared the Community Center for the First Annual Kiwanis Bingo Night, chaired by Mary Lee Jansen, which began at 5 PM with more great food followed by the games at 6:30 PM. Local students will benefit from the scholarships that funds from these events provide, as will other youth of the community when Kiwanis donates to their needs.

Division 9

The Kiwanis Club of Charlottesville presented a check to Jacki Bryant, executive director of Children, Youth and

Service Showcase (continued)



CH Kiwanis, along with Dave Perno, general manager of Priority, was able to present checks totaling \$11,500 to Dr. Khalid Matin, MD, FACP, who accepted the donation on behalf of VCU Massey Cancer Center. Dr. Matin spoke to the CH Kiwanis Club about the newest innovations in cancer research and clinical trials. With the help of the community and the support for their golf tournaments, the CH Kiwanis Club has donated over \$390,000 to the Massey Cancer Center.

Family Services, Inc. at a Dick Fowler Memorial Service Work Night held June 23 at CYFS. The check represents proceeds from the club's Tenth Annual Dogwood Festival Pancake Breakfast, which was held on April 26th. After the presentation, some 20 Kiwanians, spouses, and K-Family members cleaned up the playground at Children, Youth and Family Services, Inc. and sanitized toys and play areas inside the headquarters. The partnership between the Kiwanis Club of Charlottesville and Children, Youth and Family Services, Inc. goes way, way back — 90 years in fact — right to the initial years of both organizations!

Above: The Annual Summer Breakfast was a success for this Kiwanis Club. Right: Kiwanis members collect food for "Kids' Sake"

Division 10

On May 8th, the **Kiwanis Club of Colonial Heights** held their 33rd Annual Priority Kiwanis "K"lassic Golf
Tournament at Chesdin Landing Golf
Club. The annual event is a service
project of the CH Kiwanis to raise
money for cancer research at VCU
Massey Cancer Center. With the generous support of Priority Auto Group, the

Division 12

Twice a year the **Kiwanis Club of Toano** conducts food drives at our local
Farm Fresh in our effort to supply the
local churches and food pantries with
items geared specifically toward food
that can be used in children's lunch
boxes. We have raised thousands of
dollars over the past 5 years during
"Food For Kids' Sake" drives.



Service Showcase (continued)

Division 13

The Kiwanis Club of the Peninsula at Oyster Point helps to keep the highway near our club free of trash by participating in the Adopt-A-Spot program.

Division 15

The Kiwanis Club of Roanoke is pleased to announce that its first annual Eliminate Golf Tournament, which took place on June 13, 2014, was a huge success. The golf tournament was the first ever and all proceeds are being donated to The Eliminate Project. The tournament was held at the Roanoke Country Club and 20 teams of golfers competed for prizes and a good cause! This year the club will donate over \$9,000, the proceeds of the event, to The Eliminate Project.





Kiwanians keep the road free of trash in Oyster Point.

Visit the KIWANIS STORE

for the latest apparel, meeting items, and more!





store.kiwanis.org



Family Ties

Updates from Our Kiwanis Family

Key Club Anastasia Slepukhova, Governor

I hope everyone is enjoying everything the summer has to offer, I know Key Clubbers in Capital are! We have had a very eventful summer so far filled with lots of excitement and service. Earlier in July, fourty three Key Clubbers and seven adults got on a plane and flew cross country to join over 1600



Key Clubbers around the globe at the 71st Key Club International Convention in Anaheim, CA. Not only did we have a fantastic time, but we also made Capital District proud by winning two contests, getting 3rd place for total funds raised for The Eliminate Project and for having yet another member of the Capital District elected to the International Board-Liz Moore. I personally would like to thank every Kiwanis club that helped sponsor Key Clubbers on their journey to ICON.

Key Clubbers across the District were challenged to do summer service by volunteering in their communities. With the encouragement of our Lt. Governors and yourselves, we have had more service than ever before! What makes us different from any service organization out there is that we are a family. Sell Kiwanis through hosting an end of the summer BBQ, picnic or pool party! It is a great way to promote Kiwanis to your community and let perspective members enjoy the social aspect of our organization. Make sure to let your Key Clubbers know if you plan to organize an event so that they can help.

To those attending the Kiwanis DCON in August, I would just like to tell you how excited I am to meet you! Don't be afraid to say "Hi" if you see me around, I would LOVE to get to know you! Enjoy the rest of your summer and I wish you safe travels.

Yours in Service,

Anastasia Slepukhova

CKI Benjamin Romano, Governor

In the past several months, our CKI District has been hard at work planning for the beginning of the school year. We have had a busy summer, and I know I speak for all of Capital District when I say we can't wait for all of our hard work to come to fruition.



This summer, members of Capital District CKI attended International Convention in Nashville, TN. We engaged in a number of activities revolving around service, leadership, and fellowship, and as a group, performed nearly 3,000 hours of service to the local community. We also elected our new International Board, and passed several policies that will continue to affect our organization for years to come. Capital District CKI took away three Distinguished awards, which was very exciting! I am extremely proud of all of the members of Capital District who attended this year, and can't wait to join the other members of the Kiwanis Family at our joint convention in Indianapolis in 2015. International Convention is a time for us to celebrate all that we have done, and in 2015, we can celebrate the accomplishments of the entire Kiwanis Family.

I also wanted to say thank you to all of the Capital District Kiwanis Family for the support that they provide us. We would not be able to make all of the differences that we do without your help. Please reach out to your Circle K members, and ask them to join you in service, or other projects. We are here to help, and can't wait!

Yours in Service,

Benjamin J. Romano

Getting the Word Out

Share Your Success and Make a Difference

By Caren Schumacher, Chair Capital District Public Relations

For the last several editions of the Capital Kiwanian, I have been encouraging you to promote your club's activities outward to local media. It is also important for you to promote your club's activities inward so that others can learn from your success. That's the message I want to convey in this article.



All of our clubs are uniquely different, which is reflected in the wide range of service projects and fundraisers we implement. The size and location of our club, as well as the needs of our community all play a part in the selection of the activities in which we engage.

What works for one club can fail drastically for another. But perhaps a variation of an activity, molded to meet a club's demographics, could be a huge success. Clubs can struggle to come up with new ideas, and your project may be just what they've been looking for. Tried and true is always a plus when you are implementing new ideas!

If you are currently sending information about an event to *The Capital Kiwanian* editor, good on ya! As your District public relations chair, I would also like to hear about your activities.

"What works for one club can fail drastically for another. But perhaps a variation of an activity, molded to meet a club's demographics, could be a huge success."

Once you've committed to the idea to share your information on a regular basis, the next step is to appoint someone to be responsible for the task. If you have a public relations chair in your club, they are the logical appointee. A picture and a narrative about the event is all you would need. And don't forget your contact information!

Sharing information will give you the chance to brag a little bit! And won't it be a great feeling when another club in the District picks up on your idea? Imitation is the highest form of flattery!

My email is carenkiwanis@aol.com and I can't wait to hear from you!

Governor's Column cont'd from page 4

appreciation for life and an appreciation of Kiwanians who had come from all around the world to plan a positive future together as the Kiwanis Family.

First Lady Missy and I have attended every Convention for the last 10 years. We have been to Hawaii, Montreal, Orlando, San Antonio, Nashville, Las Vegas, , Geneva Switzerland, New Orleans, Vancouver British Columbia, and Japan.

Because of our fortunate Kiwanis family travels we have made friends to visit all over the world and we have shared our Kiwanis Family pride with each of them. We have learned a lot about how to make Kiwanis stronger here at home too...and our friends learned how to make Kiwanis stronger in their homes, because we shared our stories and everyone was and is willing to help each other develop new successful projects. What were the odds of this happening to a carpet cleaner from Williamsburg Virginia?

Kiwanis is the strongest and best service organization in the world because of our resources and because of our Kiwanis Hearts. Together, we are stronger. Together we are unstoppable. Kiwanis is the best service organization in the world because of each and every one of YOU!

ADVERTISE YOUR CLUB EVENTS IN THE CAPITAL KIWANIAN

\$30 (quarter page ad) \$55 (half page ad) \$100 (full page ad)

editor@capitaldistrictkiwanis.org

Capital Idea cont'd from page 6

barbecue, with an extended season (Saturdays and Sundays) from late April/early May through the first weekend in October.

During the month of July and August the barbecue expands to include Fridays.

To help with manpower to operate the entire season, Kiwanis share several weekends with various organizations of the Bridgeville-Greenwood area to help them with their fundraising efforts. Each organization must have an emphasis that assists children and youth of this area, such as Little League, Pop Warner football, Key Club, church youth groups, local public libraries, 4- H Foundation and others.

"In some cases we are a primary fund raiser for some of these groups," said Dr. Carson. "And the thing that's neat about all of this is the majority of the money that we raise goes back to community organizations. We, the Kiwanis Club, put back close to \$40,000 into the community organizations annually."

Seven bucks will get you a barbecued chicken half, chips, sweet pickles and a roll.

While participating organizations provide help in the sell side, preparing platter dinners, cooking is handled exclusively by seasoned Kiwanis members.

"The cooks are one of us, because you have to have your consistency," said Dr. Carson.



On any day, 700 halves - perhaps more - on racks will funnel down the barbecue pit.

"We always test everything with a thermometer," said Dr. Carson. "You want to make sure that your chicken is done."

When it's ready, the chicken goes in coolers and hot broth! juice is added, creating a steaming, moisturizing effect. "Some people believe that best tasting chicken in the rack is what's on the bottom," said Dr. Carson.

What makes the Bridgeville Kiwanis chicken so special?

"The sauce," said Dr. Carson. "It's a vinegar based sauce. The secret ingredient is sweet pickle juice."

Some patrons arrive with coolers and turkey pots for bulk purchases of upward of 20 halves.

"We've had buses stop; that sends a panic through the cook," said Dr. Carson. "There is an association with chicken barbecue in the summer."



SHARE YOUR SUCCESS

If your club has a success story, simply email a summary and a few high resolution photos to editor@capitaldistrictkiwanis.org to be considered for possible future use in a Kiwanis publication.



